

19 July 2017

Our Ref: RFI 20687

Dear

**Freedom of Information Act 2000
Information in Relation to ADHD Referral Waiting Times**

I am writing to confirm that the South Eastern Health & Social Care Trust (the Trust) has now completed its search for the information relating to the above which you requested on 20 June 2017.

A response to each of the questions raised has been provided by the Children's Services and Social Work Directorate and is attached in Appendix A.

Under the terms of the legislation, if you are unhappy with this response you have the right to seek a review within the Trust in the first instance. If you wish to do so, please write to me at the address below.

If after such a review you are still unhappy with the response, you have the right to appeal to the Information Commissioner who will undertake an independent review. The Information Commissioner can be contacted at The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, SK9 5AF.

If you have any queries about this letter, please do not hesitate to contact me. Please remember to quote the reference number above in any future communications.

Yours sincerely

Laura Algie
Senior Manager
Risk Management and Governance Directorate

Q1. *What is the average wait from referral to assessment for children and young people with ADHD?*

A1. Please see Table 1 below.

Area	Referrals on waiting list	Average wait days
Downe Children's Centre	22	162
Warren Children's Centre	16	73
Scrabo Children's Centre	85	208

Q2. *What is the average treatment duration for a young person with ADHD?*

A2. From when children enter the service until 18 years of age, or 19 depending if they remain in full time education.

Q3. *How many young people were a. referred, and b. treated for ADHD in 2012/2013; 2013/2014; 2015/2016?*

A3. Please see Table 2 below in respect of the number of referrals received.

Year	2011	2012	2013	2014	2015	2016
Number of Referrals Received	263	252	388	401	534	589

Currently the service has 2000 children who require at least twice yearly review in accordance with NICE Guideline 72. The service has approximately 3000 review slots per year dependent on staffing levels, a shortfall of about 1000.

Q4. *What assessment methods do you use to assess ADHD?*

A4. Assessments include:

- Report from school.
- Assessment as per NICE Guideline 72.
- Rating scales, ADHD-RS (fully validated).
- School observation.
- Parental report.
- TEA-Ch assessment in certain cases and dependent on staff availability.
- Reports from ASCET or AHP if appropriate
- Qb test – computerised test which gives quantitative measurement of symptoms of ADHD.

Q5. *Do you use any assessment or diagnostic mechanisms to ascertain ADHD and ADHD Co-morbid conditions?*

A5. Regarding co-morbid see answer 4 above, if for example possible autism the child will be placed on appropriate pathway.

Q6. *Do you have an ADHD pathway? If so can you please send it to me?*

A6. Yes an ADHD pathway exists, see document entitled 'BESS ADHD Pathway' attached.

Q7. *What other alternatives to medication do you offer for people with ADHD and what type of staff provides these interventions?*

A7.

- Referral to Primary Mental Health Team who can provide behavioural support.
- Referral to voluntary and statutory agencies depending on issues e.g. OT if sensory or regulation issues.
- Literature given on ADD-NI.

Q8. *What diagnostic or assessment tools do you use to determine sleep deprivation in people with ADHD?*

A8. Sleep Scotland programme used. Sleep workshops set up for parents. Some staff trained in this method, and further training will be rolled out to more staff this year.

Q9. *Do you routinely assess for sleep deprivation?*

A9. Assessment of sleep is an integral part of assessment.

It must be remembered the ADHD Service is not a commissioned service and as such does not receive Government funding.