

10 January 2018

Our Ref: RFI 22212

Dear

**Freedom of Information Act 2000
Information in Relation to Adult ADHD Service Provision.**

I am writing to confirm that the South Eastern Health & Social Care Trust (the Trust) has now completed its search for the information relating to the above which you requested on 11 December 2017.

A response to each of the questions raised has been provided by the Adult Services and Prison Healthcare Directorate and is attached in Appendix A.

Under the terms of the legislation, if you are unhappy with this response you have the right to seek a review within the Trust in the first instance. If you wish to do so, please write to me at the address below.

If after such a review you are still unhappy with the response, you have the right to appeal to the Information Commissioner who will undertake an independent review. The Information Commissioner can be contacted at The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, SK9 5AF.

If you have any queries about this letter, please do not hesitate to contact me. Please remember to quote the reference number above in any future communications.

Yours sincerely,

**L McAree (Miss)
Head of Information Governance &
Directorate Support**

Q1. What is the average wait from referral to assessment for Adults with ADHD?

A1. The average wait is 7-8 weeks at present.

Q2. How many Adults were a. referred, and b. treated for ADHD in 2012/2013; 2013/2014; 2015/2016?

A2. We can advise that 251 patients attended our ADHD clinics in 2017.

The Trust does not hold referral data by condition and therefore we are unable to provide you with this data.

Q3. What assessment methods do you use to assess Adult ADHD?

A3. A comprehensive mental health assessment is undertaken at the Mental Health Assessment Centre. The purpose of this assessment is to collate a mental health and social history, detailing information from throughout the referred person's lifespan. Qualified Mental Health practitioners examine whether the referred person's symptoms may be explained by other mental health disorders and whether the person presents with other coexisting mental health disorders.

Where there is sufficient evidence suggestive of ADHD, the person is referred to Consultant Psychiatry led services for further specialist diagnostic assessment.

The Consultant Psychiatrist carries out a clinical interview, which includes a full psychiatric evaluation and mental state and addresses all presenting conditions. The adult ADHD self-report scale and Diagnostic Interview for ADHD in adults, are used to clinically assess for ADHD.

Q4. Do you use any assessment or diagnostic mechanisms to ascertain ADHD and ADHD Co-morbid conditions?

A4. Please see response to question 3 above.

Q5. Do you have an Adult ADHD pathway? If so can you please send it to me?

A5. Yes, please see attached document entitled 'SEHSCT Adult Mental Health ADHD Care Pathway 2017'.

Q6. What other alternatives to medication do you offer for people with ADHD and what type of staff provides these interventions?

A6. Treatment alternatives are needs led and are dependent on the referred person's presentation and assessed needs, including co-morbid conditions.

Mental Health services have a wide range of treatment interventions available delivered by a range of Mental Health professionals including, medical, nursing, social work, Occupational Therapy, Psychological Therapy and support staff. Clients/patients are made aware of the services delivered by the voluntary sector and the Trust's Recovery College.

We also sign-post people with ADHD to the voluntary organisation ADD-NI and the Condition Management Programme (CMP), which is available within the Trust and is staffed by Occupational Therapists, Physiotherapists and Cognitive Behavioural Therapists. The CMP support people in receipt of Job Seekers Allowance (JSA) or Employment Support Allowance (ESA) who experience health barriers to work towards employment. The CMP provides an opportunity for people with ADHD who are not in work, education or employment to access a work focused service to address the barriers they face to employment due to their ADHD. The CMP leaflet is provided to people attending the ADHD clinics and they can self-refer or be referred by their health professional.