

2 February 2018

Our Ref: RFI 22353

Dear

**Freedom of Information Act 2000
Information in Relation to ADHD Services**

I am writing to confirm that the South Eastern Health & Social Care Trust (the Trust) has now completed its search for information relating to the above which you requested on 8 January 2018.

A response to each of the questions raised has been provided by the Adult Services & Prison Healthcare Directorate and is attached in Appendix A.

Under the terms of the legislation, if you are unhappy with this response you have the right to seek a review within the Trust in the first instance. If you wish to do so, please write to me at the address below.

If after such a review you are still unhappy with the response, you have the right to appeal to the Information Commissioner who will undertake an independent review. The Information Commissioner can be contacted at The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, SK9 5AF.

If you have any queries about this letter, please do not hesitate to contact me. Please remember to quote the reference number above in any future communications.

Yours sincerely

**Laura Algie
Senior Manager
Risk Management & Governance
Department**

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Q1. Which Health and Social Care Trust (HSCT) do you represent?

- a. **Name:** South Eastern Health & Social Care Trust
- b. **Postcode:** BT30 6RA

Q2. Please provide details of the Mental Health Lead for your HSCT (the person responsible for commissioning adult ADHD services).

- c. **Name:** Health & Social Care Board (HSCB)
- d. **Email Address:** foi.hscb@hscni.net
- e. **Phone Number:** (028) 9536 2783
- f. **Job Role:** NA

A2. The Trust is not aware if the HSCB, as commissioner, has a specific lead for ADHD. I have provided contact details above for the HSCB, Freedom of Information Department which may be of help.

Q3. Your details:

- g. **Name:** Jane Mitchell
- h. **Email Address:** Jane.Mitchell@setrust.hscni.net
- i. **Phone Number:** 028 4461 1784
- j. **Job Role:** Acute Community Services Manager

Q4. Does your HSCT commission and provide mental health services that treat/support people with ADHD aged 18 years and above?

- k. **Yes:** yes the Trust does provide services for adults with ADHD.
- l. **No:** not applicable

Q5. Please provide details of the service/s (for as many services as you have)

- a) Name:
- b) Postcode:
- c) Town:
- d) Website:
- e) This service is a part of (please indicate):
 - I. Adult Mental Health Services ✓
 - II. Child and Adolescent Mental Health Services
 - III. A Specialist Mental Health Service
 - IV. Other
 - V. Don't know
- f.) This service offers (please indicate):
 - I. Treatment (Medication) ✓
 - II. Treatment (Other Intervention) ✓
 - III. Assessment ✓
 - IV. Diagnosis ✓

- V. Other: signposting to other services including the voluntary sector ✓
- VI. Don't know

A5. The Trust provides assessment and diagnosis, transition from children's services to adult services, ongoing monitoring and treatment through our ADHD Clinics. In addition, the Trust provides access and signposting to additional services to address the needs of each individual. These services are available across the Trust in Lisburn, Downpatrick and Newtownards.

A comprehensive mental health assessment is undertaken at the Mental Health Assessment Centre. The purpose of this assessment is to collate a mental health and social history, detailing information from throughout the referred person's lifespan. Qualified Mental Health Practitioners examine whether the referred person's symptoms may be explained by other mental health disorders and whether the person presents with other coexisting mental health disorders.

Where there is sufficient evidence suggestive of ADHD, the person is referred to Consultant Psychiatry led services for further specialist diagnostic assessment.

The Consultant Psychiatrist carries out a clinical interview, which includes a full psychiatric evaluation and mental state and addresses all presenting conditions. The adult ADHD self-report scale and diagnostic interview for ADHD in adults are used to clinically assess for ADHD.

When medication is considered a treatment option, ADHD clinics are provided to oversee the initiation, titration and ongoing monitoring of the medication.

Treatment alternatives are needs led and are dependent on the referred person's presentation and assessed needs, including the presence of co-morbid conditions.

Mental Health services have a wide range of treatment interventions available, delivered by a range of Mental Health Professionals including Medical, Nursing, Social Work, Occupational Therapy, Psychological Therapy and support staff. People are also made aware of the services delivered by the voluntary sector and the SEHSCT Recovery College.

We also sign-post people with ADHD to the voluntary organisation ADD-NI and the Condition Management Programme (CMP), which is available within the Trust and is staffed by Occupational Therapists, Physiotherapists and Cognitive Behavioural Therapists. The CMP support people in receipt of Job Seekers Allowance (JSA) or Employment Support Allowance (ESA) who experience health barriers to work, assisting them towards employment. The CMP provides an opportunity for people with ADHD who are not in work, education or employment to access a work focused service to address the barriers they face to employment as a consequence of their ADHD.

The CMP leaflet is provided to people attending the ADHD clinics and they can self-refer or be referred by their Health Professional.