

8 June 2018

**Our Ref:** RFI 23559

Dear

**Freedom of Information Act 2000 – Information in relation to Mental Health Referrals to Wellbeing Centres/Mental Health Hubs**

I am writing to confirm that the South Eastern Health & Social Care Trust (the Trust) has now completed its search for information relating to the above which you requested on 18 May 2018.

A response to each of the questions raised has been provided by the Adult Services & Prison Healthcare Directorate and is attached in Appendix A.

If you are unhappy as to how this request has been handled you have the right to seek a review within the Trust in the first instance. You should write to the: Information Governance Department, Lough House, Ards Community Hospital ([informationgovernance@setrust.hscni.net](mailto:informationgovernance@setrust.hscni.net)) within two months of the date of this response and your complaint will be considered and a response provided, within 20 working days of receipt.

If, after receiving a response, you remain unhappy, you can refer your complaint to the Information Commissioner at The Information Commissioner's office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF. It is important to note that if you refer any matter to the Information Commissioner, you will need to show evidence of having gone through the Trust's internal review procedure to try to resolve the matter with the Trust in the first instance.

If you have any queries about this letter, please do not hesitate to contact me. Please remember to quote the reference number above in any future communications.

Yours sincerely

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**V Smith (Miss)**  
**Information Governance Assistant**

**Q1. The number of adult mental health referrals GP's in the South Eastern Health and Social Care Trust have made to wellbeing centres/mental health hubs in the last five years. I would like this broken down by centre/hub in the trust area.**

A1. There is currently one Wellbeing Hub in the Trust. This is based in the Lisburn locality. There have been 2535 referrals to the Wellbeing Hub since its inception in 2015 (figure reflects the period 20/05/2015 to 22/05/2018).

- 1st April 2018 – 22nd May 2018: 207 Referrals
- 1st April 2017 – 31st March 2018: 1435 Referrals
- 1st April 2016 – 31st March 2017: 775 Referrals
- 20th Sep. 2015 – 31st March 2016: 118 Referrals

**Q2. I would also like a breakdown of the criteria that GP's use to refer patients to mental health hubs.**

A2. G.P.s would be guided in their decision making regarding referral to the Wellbeing Hub by NICE Clinical Guideline 123; which covers care for people aged 18 and over with common mental health problems, with a focus on primary care. It aims to improve access to services for adults and how mental health problems are identified and assessed, and makes recommendations on local care pathways. Please see the following for information on NICE Clinical Guideline 123: <https://www.nice.org.uk/guidance/cg123>

**Q3. Finally I would like a breakdown of time from the initial assessment at the Mental Health Hubs/centres to when patients receive initial treatment from the providers. Again I would like this broken down by centre/hub.**

***I would like the waiting times to be broken down for each centre in the format as is set out in the Outpatient Waiting Times data published on Open Data NI - <https://www.opendatani.gov.uk/dataset/outpatient-waiting-times>***

A3. The Wellbeing Hub in the Lisburn locality has contracts for talking therapies with five different service providers who presently have differing waiting times. Therefore the waiting times have been broken down per provider; the figures are reflective of current waiting times on 22/05/2018.

<b>Service Provider Name</b>	<b>0 - 6 weeks</b>	<b>&gt; 6 - 9 weeks</b>	<b>&gt;9 - 12 weeks</b>	<b>&gt;12- 15 weeks</b>	<b>&gt;15- 18 weeks</b>	<b>&gt;18 weeks</b>	<b>&gt;18- 52 weeks</b>	<b>&gt;52 weeks</b>	<b>Total</b>
<b>Ballynahinch Counselling</b>	X								
<b>Colin Counselling</b>	X								
<b>Mindwise</b>	X								
<b>New Life Counselling</b>				X					
<b>Praxis</b>				X					