

## Post Adoption Therapeutic Support Service

**Document Code:**

**PA/P03**

**Title:**

**Procedure for assessment  
and therapy**

**Issue Date:**

**28<sup>th</sup> March 2014**

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**2**

1. The referral is accepted by the Post Adoption Support Referral Panel.
2. An initial consultation takes place with the parents and adoption social worker.
3. The initial consultation summary letter is completed (PAS/F06), and sent to the parents and adoption social worker within 10 working days of the initial consultation.
4. Further assessment may be necessary following the initial consultation. Information is recorded using SC/F08.
5. Ongoing therapeutic consultation with parents – appointments are given using appointment cards (SC/L06) and details recorded on contact sheet SC/F01
6. The team member will also liaise with the external agencies that are also providing support to the child/young person.
7. The types of therapeutic support offered include:
  - Therapeutic support with the young person and their family
  - Direct therapeutic support for the young person
8. All contacts are recorded on SC/F01
9. Following the therapeutic intervention a review takes place.
10. At every 6 months following the initial consultation, a report (SC/F07) is sent to the referrer and adoption social worker summarising the Post Adoption Support Service to date