

Information Governance

8 April 2019

Our Ref: RFI 27808

Dear

**Freedom of Information Act 2000
Information in relation to Mental Health & Wellbeing Digital App**

I am writing to confirm that the South Eastern Health & Social Care Trust (the Trust) has now completed its search for information relating to the above which you requested on 8 March 2019.

A response to each of the questions raised has been provided by the Children's Services and Social Work Directorate and is attached in Appendix A.

If you are unhappy as to how this request has been handled, you have the right to seek a review within the Trust in the first instance. You should write to the Information Governance Department, Lough House, Ards Community Hospital (informationgovernance@setrust.hscni.net) within two months of the date of this response and your complaint will be considered and a response provided, within 20 working days of receipt.

If, after receiving a response, you remain unhappy, you can refer your complaint to the Information Commissioner at The Information Commissioner's Office –Northern Ireland, 3rd Floor, 14 Cromac Place, Belfast, BT7 2JB. It is important to note that if you refer any matter to the Information Commissioner, you will need to show evidence of having gone through the Trust's internal review procedure to try to resolve the matter with the Trust in the first instance.

If you have any queries about this letter, please do not hesitate to contact me. Please remember to quote the reference number above in any future communications.

Yours sincerely

**Catherine Treanor
Information Governance Assistant**

Q1. Does your organisation offer any digital apps as a resource for staff to support their mental/emotional health and wellbeing? (e.g. Big White Wall, My Possible Self, Thrive)

Apps may provide advice and guidance to support wellbeing, diary entries or an interactive self-help programme etc. to support the reduction of stress, anxiety and/or depression

A1. The Trust does not have any digital apps for employee emotional health and wellbeing.

Q2. If yes to Q1 please provide the following information for each app used by the organisation

A) Name of third-party supplier(s)

B) Who is responsible for the payment of the app (i.e. employee or employer)

C) What is the annual price paid for the app in 17/18?

D) Contract start date & end date

E) What date did the app go live in the organisation?

F) Did the organisation use a framework to procure the service? If so, please state the framework used

G) Please list all external systems the app integrates with (e.g. EAP providers, GP referrals)

H) Does the app include any form of financial wellbeing support? (e.g. advice and/or helplines)

I) Through the utilisation of the app, has your organisation seen any quantifiable benefits? Please provide detail on the benefits achieved (e.g. an increase in employee productivity, increase in staff retention, reduction in staff sickness absence or a reduction in occupational health referrals)

Q3. For each supplier listed in Q2, please indicate the number of employees registered on the app, split by the following staffing groups

Name of Supplier	Nursing & HCA's	Medical	Allied Health Professional/ Scientific, Therapeutic and Technical (AHP/STT)	Non-medical Non-clinical (NMNC)	Total

A2&A3. Not applicable.