

13 August 2019

Our Ref: RFI 29893

Dear

**Freedom of Information Act 2000
Information in Relation to Psychological Support for Parents Who Have
Experienced Pregnancy or Baby Loss**

I am writing to confirm that the South Eastern Health & Social Care Trust (the Trust) has now completed its search for information relating to the above which you requested on 18 July 2019.

A response to each of the questions raised has been provided by the Hospital Services Directorate and is attached in Appendix A.

If you are unhappy as to how this request has been handled, you have the right to seek a review within the Trust in the first instance. You should write to the Information Governance Department, Lough House, Ards Community Hospital (informationgovernance@setrust.hscni.net) within two months of the date of this response and your complaint will be considered and a response provided, within 20 working days of receipt.

If, after receiving a response, you remain unhappy, you can refer your complaint to the Information Commissioner at The Information Commissioner's Office –Northern Ireland, 3rd Floor, 14 Cromac Place, Belfast, BT7 2JB. It is important to note that if you refer any matter to the Information Commissioner, you will need to show evidence of having gone through the Trust's internal review procedure to try to resolve the matter with the Trust in the first instance.

If you have any queries about this letter, please do not hesitate to contact me. Please remember to quote the reference number above in any future communications.

Yours sincerely

Jane McCormick
Information Governance Assistant

Q1. Do you specifically commission talking therapies for people following pregnancy/birth?

A1. Please see Table 1.

Table 1

For both parents	For the mother only	For the father or partner only
Yes	Yes	Yes

Q1.1 Are people who have had the following experiences able to access these services?

A1.1 Please see Table 2.

Table 2

Experience	Both parents	Mother only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	Yes	Yes	Yes
Termination of Pregnancy for Fetal Anomaly (ToPFA)	Yes	Yes	Yes
Stillbirth	Yes	Yes	Yes
Neonatal Death	Yes	Yes	Yes
Sudden Unexpected Death in Infancy (SUDI)	Yes	Yes	Yes

Q2. Do you commission a specialist therapy service for the people who have had the following experiences?

A2. Please see Table 3.

Table 3

Experience	Both parents	Mother only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	Yes	Yes	Yes
Termination of Pregnancy for Fetal Anomaly (ToPFA)	Yes	Yes	Yes
Stillbirth	Yes	Yes	Yes
Neonatal Death	Yes	Yes	Yes
Sudden Unexpected Death in Infancy (SUDI)	Yes	Yes	Yes

Q3. Do you hold any more information on psychological support for parents who have experienced pregnancy or baby loss that maybe useful in helping us to understand the services they can access in your area?

A3. The Trust has a bereavement midwife, a maternity Chaplain, a midwifery counsellor (not funded), and a Birth Afterthoughts midwife for traumatic births (not funded) for parents. Parents can also access SANDS, Miscarriage Association, TinyLife, Life after Loss, The Compassionate Friends, Cruse and Pregnancy Matters.