



Recovery College Principles

Educational

- Recovery focused syllabus of courses which increase knowledge/understanding, coping strategies and skills for self-management of health and wellbeing. Learning opportunities are facilitated through the provision of a Recovery College prospectus and facilitative relationships.

Collaborative

- Lived and learned experiences of mental health are brought together in co-production, co-delivery/facilitation and co-learning.

Recovery Focused

- For all students and staff, achievements, strengths, skills and qualities are identified, built upon and rewarded. Adjustments and supports are put in to overcome challenges to learning.

Choice and Agency

- Students make self-referrals to the College. Self-directed personal goals, ambitions and dreams identified in their ILP are worked towards autonomously at their own pace. Students choose the course they wish to study and identify the supports they find helpful

Progressive

- Students work towards learning goals, and/or to overcome personal challenges whilst gaining knowledge and understanding of their health and wellbeing. Courses and support are agreed through an individual learning plan which is regularly reviewed on a termly basis until the completion of the academic year, culminating in graduation

Community Focused

- The college is community facing with active engagement with community organisations and FE colleges to co-produce relevant courses and facilitate pathways into valued roles, relationships.

Inclusive

- The college offers learning opportunities to students of all abilities, cultures, ages and experiences. A sound differentiation policy ensures that everyone has equal access to learning and the contribution that everyone can make is recognised and valued.