

If the radiologist who reports on your mammogram would like any further images or examinations performed we will contact you with a further appointment by letter.

### Contact us

If you have any questions or concerns about coming for your mammogram, please contact:

#### Mammography Reception

Monday to Friday  
9.00am to 5.00pm

 **(028) 9055 3229**

### Where to find us

The Mammography Department is located in the:

#### Breast and Endocrine Unit

Ulster Hospital  
Upper Newtownards Road  
Dundonald  
BT16 1RH

Please present to the Radiology reception desk in the Breast and Endocrine Unit (far end of the corridor).

We recommend that you allow sufficient time for parking.

For further information go to:

<https://setrust.hscni.net/>



South Eastern Health  
and Social Care Trust

# Mammography

## Patient Information



## What is a Mammogram?

A mammogram is a low dose X-ray examination of the breast which produces high quality digital images of the breast tissue in order to aid in the detection and diagnosis of breast disease. A routine mammogram consists of two images of each breast.

## Risks

If you are pregnant please contact us in advance of your appointment. As mammography involves a low dose of radiation to the breast, it is only performed in exceptional circumstances when deemed necessary by the breast clinician and the radiologist.

Routine mammography is not performed until 3 months following cessation of breast-feeding.

If you have breast augmentation (implants) please inform the mammographer prior to the examination.

We will discuss the limitations, risks and benefits of the mammogram examination with you and will require written consent to be obtained. We use dedicated software to enhance the images.

If you have any implanted medical devices eg. pacemaker, please inform the mammographer so that they can alter the examination accordingly.

## The Examination

You will need to undress from the waist up in order for the mammogram examination to be performed.

The radiographer will carefully position your breast on the imaging table and another perspex plate will compress the breast from above in order to obtain images with good detail and clarity. You will feel some pressure which may be slightly uncomfortable but it is only for a short time while the images are being taken.

Successful mammography is dependent on the performance of the equipment, expertise of the mammographer and the co-operation of the patient.

## After the Examination

The mammographer will check that your images are of a suitable diagnostic quality following the examination but you will not receive results on the day of the examination.

The examination will take approximately 30 minutes.

## Results

The results of your examination will be sent to the referrer, who requested your examination within 28 days. If you have not received your results within this time, you should contact the person/clinic that sent you for your examination.