Useful Telephone Numbers:

Breast and Endocrine Centre
Monday - Friday
9.00am - 5.00pm

Tel: **(028) 9055 3229**

Emergency Department
24Hrs

Tel: **(028) 9048 4511**

Ext: **12201**

DOR	LFT USS 51	AUTHOR: J BELL	V 1.0	ISSUE: JAN 2024	REVIEW: JAN 2027

South Eastern Health and Social Care Trust

Aftercare Instructions

Core Biopsy of Neck

Patient Information

The Ulster Hospital

The Wound

On completion of the procedure paper stitches will be applied over the incision. A dressing will be placed over the paper stitches which can be removed after 36 hours.

Bleeding

Slight oozing from the sampling site is normal. If you observe any fresh bleeding from the site, press firmly on the area for at least 10 minutes. This action is normally sufficient to stop the bleeding/ swelling.

If the neck wound continues to bleed heavily or to swell, maintain pressure and contact your GP as a matter of urgency or attend the Emergency Department.

Please be advised that this is **very unlikely** to occur.

Bruising

You may have a bruise near or around the sampling site.

Wound Dressing

Please keep the wound covered for 2-3 days, after which time the paper stitches can be removed. Wash or bathe with care.

Pain Relief

When the local anaesthetic begins to wear off, the area may feel bruised and sore. We recommend that you take a mild pain killer, Paracetamol or Paracodol, before the pain becomes uncomfortable.

Any pain medication must **NOT** contain Aspirin.

Activity

Avoid strenuous activity and heavy lifting for 48 hours after the procedure. Light activities can be continued as normal.

Infection

This is very uncommon but check for signs of:

- Localised redness
- Heat
- Swelling
- Discharge from the wound.

If this happens, seek medical advice from your GP.