



## South Eastern Health & Social Care Trust

### Carer Support Service

**Are you an unpaid carer who cares for a family member of friend?**

You are invited to come along to our Carer Support Group in Bangor.

**When:** 2<sup>nd</sup> Thursday of every month

**Where:** Marquis Hall, 5 Abbey Street, Bangor.

**Time:** 10.30 – 12noon

Come along to meet with other carers and receive information, guidance and support.

No need to book, just call in, we would love to meet you.



