

Men should have held off passing urine for at least 3 hours before seeing the doctor or nurse.



Some results may be available on the day of your visit and you may be asked to wait for these. Treatment, if required is free. Some results will not be available on the day and the doctor or nurse will discuss with you how these can be obtained. This would be within 2 weeks of your visit.

If you are treated for a sexually transmitted infection it is important that relevant sexual partners are also treated. Staff will discuss this with you and help you to find the best way to inform sexual partners. We will make every effort to protect your confidentiality. The only exception to this would be if something indicated that you or someone else continued to be at risk of harm.

Chaperones

A chaperone is a person who attends an intimate (genital) examination. When a doctor examines a female patient a chaperone will be present. In other situations you are entitled to ask for a chaperone to be present.

Suggestions, comments and complaints

We welcome comments and suggestions about our service. If you are unhappy about any aspect of your care please speak to a member of staff who will do their best to help. If you are still not satisfied, ask for a copy of our complaints leaflet.



The Trust Complaints Manager can be contacted on **(028) 9056 1427**

Useful telephone numbers

Appointments

Tel: **(028) 4483 8133**
9.00am – 4.00pm
Monday – Friday

Nurse advice/Results line

Tel: **(028) 4483 8392**

Messages can be left on a confidential answer machine and a nurse will return your call.

National Sexual Health Helpline

Tel: **0800 567 123**

Sexual Health Services

**Bangor
Downpatrick
Lisburn**



Counselling, advice and support to anyone concerned about STIs and sexual health

What does a sexual health clinic offer?

A sexual health clinic provides free sexual health advice and care. We provide testing and treatment for genital infections and other sexually transmitted infections. All the information given at the clinic is strictly **CONFIDENTIAL**.

The clinic's computer system is separate from the rest of the hospital. The only medical record of a clinic visit is held on this computer system and only medical, nursing and health adviser staff who work in the clinic will have access to patient records.

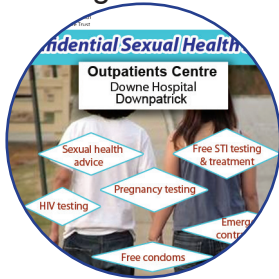
No information about sexual contacts will be given to any other person.

How do I access the clinic?

We run clinics in Bangor, Downpatrick and Lisburn. You can telephone for an appointment.

Tel: **(028) 4483 8133**
Monday – Friday
9.00am – 4.00pm

The receptionist may give you an appointment or arrange for you to speak to a nurse who will prioritise your case. If your problem is urgent we will aim to see you at the next available clinic.



Clinic locations

Monday	Downe Hospital Lisburn Health Centre
Wednesday	Downe Hospital
Thursday	Lisburn Health Centre
Friday	Bangor Community Hospital

What the sexual health clinic offers

You do not have to be referred by your GP, but if your GP does write a referral letter, an appointment will be sent out to you and we will write back to your GP. Otherwise, we will only communicate with your GP if it is necessary and after getting your permission.

We can provide counselling, advice and support to anyone concerned about STIs and sexual health. We offer testing, treatment and advice for infections including:

- Chlamydia
- Herpes
- Syphilis
- Hepatitis
- Gonorrhoea
- Genital warts
- HIV.

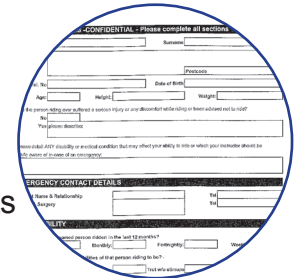
We recommend an HIV test as part of a sexual health screen.

We also provide:

- Vaccination against Hepatitis A & B
- Help with non-sexually transmitted infections such as thrush, bacterial vaginosis and other genital skin conditions
- Emergency contraception
- Pregnancy testing
- Free condoms to clinic patients.

What happens at the clinic?

When you arrive at reception you will be asked to complete a registration form. It is important that you give us reliable contact details, that is, name, address, or telephone number (preferably mobile). We have the facility to text negative results to your mobile so it is important that you give us permission to do so.



A doctor or nurse will see you and ask you about your concerns and also some personal questions about your sexual history. This is important to allow us to suggest appropriate tests and treatment if necessary.

If you decide to be tested for infections, the staff will explain the examination and then examine you. You may be asked for a urine sample and have a blood test taken.