

## **Cruse Bereavement Support**

Belfast Area

10 College Green

Belfast

BT7 1LN

Bereavement line: (028) 9043 4600

## **Stillbirth & Neonatal Death Society**

Belfast Support Group

Mount Oriel Centre

Saintfield Road

Belfast

Home tel no: (028) 3839 2509

[www.facebook.com/Sandsni](http://www.facebook.com/Sandsni)

*(The SANDS pack is given out in hospital)*

## **The Miscarriage Association**

Bradbury Health & Wellbeing Centre

Lisburn Road

Belfast

Tel: 0192 420 0799

Email: [magroupni@gmail.com](mailto:magroupni@gmail.com)

[www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk)

## **Antenatal Results & Choices**

29-30 Soho Square

London

W1V 6JB

Tel: 0845 0772 290 / (020) 7713 7486

## **The Samaritans**

5 Wellesley Avenue

Belfast

BT9 6DG

Tel: 116 123



South Eastern Health  
and Social Care Trust

# Bereavement Support

When a baby dies before or after birth parents can often feel overwhelmed by their sadness.

We extend our sympathy to you and appreciate that the days and weeks following the death of your baby can be bewildering and difficult.

## Support

The Bereavement Support Midwife specialises in supporting parents whose babies have died, and is there to support you. She will be able to inform you of the many options you have at this time and help you to make the many decisions required of you.

She works closely with the midwives and doctors in the maternity Unit and any other people involved in your care.

If you would like to speak to the Bereavement Support Midwife, ask the ward staff to contact her or alternatively you can contact the Bereavement Support Midwife yourself by telephoning:

**(028) 9056 4717**

There is an answering machine, so if the Bereavement Support Midwife is not available, please leave a message and your call will be returned as soon as possible.

Everyone has individual needs following bereavement. You may not wish to talk to anyone for weeks or months, for some it is many months or even years before a need or the wish for further support arises. You can contact the Bereavement Support Midwife at any time in the future.

There are other organisations that offer help and support to bereaved parents. Some parents wish to be in touch with other families who have had a similar experience, whilst others want information or counselling. These organisational support groups are listed below.

## Support Groups

### **Hospital Chaplain**

Ulster Hospital  
Dundonald

*(ward staff will contact the chaplain via the switchboard)*

### **Social Work & Discharge Team**

Home 2  
Ulster Hospital  
Dundonald

Tel: (028) 9048 4511