



SEHSCT Men's Health Network 2020-2021



Overview

The resource includes details of community, voluntary and statutory organisations in the SEHSCT area who have an interest in supporting the health and wellbeing of males of all ages.

The SE men's health forum supports approaches to engage with and inform men about health issues, provides a forum for sharing information on local initiatives and identifies local need.

To add your groups information to this resource please contact: brien.frazer@setrust.hscni.net













Contents

Title of Training:	Page
SEHSCT Health Development	4
A – Z of useful websites	4
Additional online resources	5
Men’s sheds	6 - 7
Men’s groups	7 - 8
Sports clubs	8
Sure start	8



SEHSCT Health Development

<p>Stop Smoking</p> <p>Shirley McClelland Shirley2.McClelland@setrust.hscni.net Health Development Specialist, Health & Wellbeing  07725218348</p>	<p>Physical Activity</p> <p>Jayne Mckillen Jayne.McKillen@setrust.hscni.net Community Health Development, Health & Wellbeing  07525898752</p>
<p>Older people</p> <p>Jeff Scroggie Jeff.Scroggie@setrust.hscni.net Health Development Specialist, Health & Wellbeing  07525898168</p>	<p>Alcohol and drugs</p> <p>Ed Sipler Ed.Sipler@setrust.hscni.net Health Development Specialist in Alcohol and Drug, Mental Health - Addictions Services  07872422103</p>
<p>Mental health, suicide and prisons</p> <p>Laura McAllister Laura.McAllister2@setrust.hscni.net Health Development Specialist for Suicide, Health & Wellbeing  07718668920</p>	<p>Sexual health & Disability</p> <p>Gabrielle ONeill Gabrielle.ONeill@setrust.hscni.net Health Development Specialist - Sexual Health & Disability, Health & Wellbeing  07525771618</p>
<p>Diabetes prevention</p> <p>Peter Irvine Peter.Irvine@setrust.hscni.net Diabetes Prevention Manager  07813396775</p>	<p>Youth Health Advice - SERC</p> <p>Ruth Ewing Ruth.Ewing@setrust.hscni.net OR serchealth@setrust.hscni.net Youth Health Advice Nurse, Health & Wellbeing  0775331 0352</p>

A- Z websites

[CLICK HERE](#) for a list of carefully selected websites about men’s health issues, health care and treatments.

Additional Online Resources

www.malemenu.co.uk

MaleMenu is a place to search for information and join the conversation about topics directly affecting men. The website offers informative articles under six different categories and our TALK section is designed to encourage conversations

<https://www.parentingni.org/>

Parenting NI is the leading charity for parenting support in Northern Ireland. 'The Dads Project' will support dads living throughout Northern Ireland who are separating, separated or currently involved within the courts service

<http://www.mhfi.org>

MHFI is a charitable organisation which is registered as a Company Limited by Guarantee. The Forum seeks to promote all aspects of the health and wellbeing of men and boys on the island of Ireland through research, training, networking, health initiatives and advocacy. It is managed by a Board of Trustees

www.youthaction.org/young-men

Giving young men a respected voice in society. Youth work with young men supports young men to become leaders in their communities and assists youth and community organisations to take different approaches to their work.

<http://www.mapni.co.uk/>

MAP exists to provide counselling services for men experiencing domestic abuse. We can provide support and facilitate you to understand your options and make your own choices and decisions.

www.thefocustrust.com

We exist to provide social, educational and recreational activities for Transgender and Intersex individuals in Northern Ireland and the Border Counties of the Republic of Ireland who have been referred by a Gender Identity Service, Registered Medical Practitioner or self-referral.

[Macmillan Move More](#)













Macmillan Cancer Support is currently in the process of developing 11 Move More projects, ensuring that Move More is available and accessible to people living with cancer in every council area of Northern Ireland. Information on the Move More projects that are currently operational can be found [here](#) .

[Men's Alliance \(NI\)](#)

A unique service, based on a user led peer support model for Male Victims of Domestic Abuse



Men's Sheds

<p>Hollywood Men's Shed 10 Whinney Hill Hollywood Co. Down Bill Lockhart bill@lockhartpsychology.com  028 90426825</p>	<p>Portaferry Men's Shed The Old Schoolhouse, Meetinghouse Street, Portaferry BT22 1LD Ken Conlan conlanken@yahoo.com portaferrymensshed@outlook.com  07900475579 or 028427 28731</p>
<p>North Down Community Network Shed 5 Castle Park Road Bangor BT20 4TF Greg Martin gregorymartin@ndcn.co.uk  02891 461386</p>	<p>Lislea Men's Shed Lislea Community Association Mountain Road Seamus Malone lisleamensshed@mail.com  02830838995</p>
<p>Ballybeen Men's Shed Ballyoran Centre 30 Rosneath Gardens BT16 1UN Andrew Tyrie ballybeenmensgroup@gmail.com  07510 095264/ 07845 599290</p>	<p>Drumbo and District Men's Shed Stuart Greig drumbomenssheds@gmail.com  07738596878</p>
<p>Seymour Hill and Conway Men's Shed 24a Ballybog Road, Dunmurry Billy Smith seymourhillconway2015@hotmail.com  07969 303925</p>	<p>Orchardville Men's Shed 38 Bachelors Walk, Lisburn Lydia Lunas Richard.vandenbos@orchardville.com  028 9073 2326</p>
<p>Crumlin Men's Shed Sean Brophy crumlinmensshed@gmail.com  07867543609</p>	<p>Lisnagarvey Men's Shed Laganview Enterprise Centre, 69 Drumbeg Drive Lisburn Denis Paisley Denis.Paisley@resurgamtrust.co.uk  07874648400</p>
<p>Knockmore Men's shed Knockmore Community association, 21 C&D Hertford Cres Lisburn Christine Belshaw beldaris.chows@btinternet.com  02892091194</p>	<p>Ballynahinch Men's shed The Market House, the Square Ballynahinch Lise Curran lise@countydownrcn.com  02844612311</p>








<p>Downpatrick Men's shed 3 Ballydugan Industrial Estate, Ballydugan Road Eoin McAnuff emcanuff@amh.org.uk 07885970086</p>	<p>Newcastle Men's Shed Ark Community Garden Centre, 2a Corrigs Road Robert Milligan robertmilligan227@btinternet.com</p>
<p>Killough Men's Shed Killough Community Centre, 40 Killough Road Clive Wallington richclive1@btinternet.com 02844 841607/ 07592 353705</p>	<p>Rowallane Men's Shed 35 Main Street, Saintfield Brian Graham info@rowallanehub.co.uk 07710 036800</p>
<p>Tobar Mhuire Men's Shed 6 Cloonagh Road, Downpatrick Pat McGreevy mcgreevy_pat@yahoo.co.uk 07809 441950</p>	<p>Colin Area Men's Shed Cloona House, 31 Cloona Road, Poleglass BT17 0LG Umberto Scappaticci scap@newcolin.com 02890 623813</p>
<p>Loch Na Leathghealai Half Moon Lake Men's Shed, 20 Suffolk Road Michael McCorry mmccorry65@hotmail.com 07814 860078</p>	<p>Saintfield Men's shed Rowallane Hub, 35 Main Street, Saintfield. 07710 036800</p>

Men's groups

<p>Bangor YMCA men's group YMCA North Down 10-12 High Street, Bangor ricky@northdownymca.org 028 9145 4290</p>	<p>Atlas men's mental and emotional support group Atlas Centre 7 Bachelors Walk, Lisburn Gay Sherry-Bingham www.atlaswomenscentre.co.uk 028 95605806</p>
<p>Downpatrick Men's Club John Gordon john.gordon2305@gmail.com downpatrickmensclub@gmail.com 07885439873</p>	<p>Lisburn Fibromyalgia support group The Bridge Community Centre, Railway Street, Lisburn. fibromyalgiasupportlisburn@hotmail.com</p>
<p>Fibromyalgia Awareness North Down & Ards fibromyalgiabangor@gmail.com 02891271525</p>	<p>Hollywood 55+ club Queen's Hall Leisure Complex Hollywood, Co Down rosemary.mallon@ardsandnorthdown.gov.uk</p>



Kircubbin Men's Wellbeing Group Kircubbin Community Centre  018 427 39021	Inspire Mental Wellbeing Support South East Area Floating Support info@inspirewellbeing.org   028 91271908
Comber regeneration community partnership Irene Atherton ireneatherton@btinternet.com  07484 641 307	Comber men's fellowship group Second Comber Presbyterian church Killinchy Street, Comber email@secondcomber.co.uk  028 91783744

Sports clubs

Click on the links below for further information on sports clubs in the three council areas in the SEHSCT.

[Ards and North Down Council](#)

[Lisburn and Castlereagh Council](#)

[Newry Mourne and Down council](#)

Sure Start

Sure Start is a Programme targeted at parents and children under the age of four living in the most disadvantaged areas. There are 38 Sure Start projects across Northern Ireland. It brings together health, family support and early education services which are designed to support children's learning skills, health and well-being, and social and emotional development.

The Aims of Sure Start are to:

Improve the ability to learn by encouraging stimulating play, improving language skills and the early identification and support of children with learning difficulties;

Improve health by supporting parents in caring for children and promoting children's health and development;

Improve social development by supporting the development of early relationships between parents and children, good parenting skills, family functioning and early identification and support of children with emotional, learning or behavioural difficulties.

Further information about Sure Start programmes in the SEHSCT area can be found [here](#)