



GROUP	WHEN	WHERE	CONTACT
Step to Fitness	Saturday @ 11am (monthly)	Portavogie Community Centre	M: 07733138157 E: Cmcilroy2011@gmail.com
Surestart Ards (registered families only)	Various weekly walks	Kircubbin or West Winds Estate, Newtownards	E: grace.moore@setrust.hscni.net
The Dee Ramblers	Wednesday @ 10.30am	Various	T: 028 9188 3509 E: annetomj@supanet.com
Visually Impaired Walking Group (Sight Support Team service users only)	2 nd Tuesday monthly @ 10am	Bangor/train station	Not open to general public
Walkie Talkies Comber (registered families only)	Thursday @ 11am	Comber car park	T: 028 9598 8056