



GROUP	WHEN	WHERE	CONTACT
NewCastleWellan Strollers	Thursday @ 11am	Varies weekly	M: 07970666240 E: silebmclean@yahoo.co.uk
Saintfield Menshed	Tuesday (monthly) @ 2pm	Saintfield Hub	E: bill.mccue@btinternet.com
Struell Walking Group (registered members only)	Tuesday @ 11am	Downe Hospital Main Entrance	Contact Una or Rachel M: 07971327789
Walk & Talk	Thursday @ 11am	Varies weekly	M: 07731582332 E: lifechangechangeslives@gmail.com
Walk For Health (Newcastle)	Weekly walks for 60+ Wednesday @ 11am	Newcastle Centre	M: 07929936728 or M: 07511380949