



GROUP	WHEN	WHERE	CONTACT
Ballynahinch Community Collective Walking Group	Tuesday @ 7.30pm	Market House, Ballynahinch	M: 07393 476353 or E: ballynahinchcollective@gmail.com
Born-2-Bimble	Days & times as requested & agreed	Lough Money Car Park, Downpatrick	M: 07516 230319
Castlewellan Walking Group	Wednesday @ 11am	Castlewellan Library	T: 07890304220 – Julie or E: Kellyanne.mccartan@setrust.hscni.net
CDRCN Wellbeing Hub Nature Walking Group (registered members only)	Monday @ 10.30am	The Wellbeing Hub, Newcastle	E: nuala@countydownrcn.com
Clough & Ballykinler Walking Group	Monday @ 10am (seasonal)	10am @ Ballykinler 10.10am @ Clough	M: 07511 069072 E: heather@countydownrcn.com
Clough & Dundrum Walking Group (referral only)	Thursday @ 12.30pm	Dundrum GAA	M: 07971327707 E: Antonia.adamson@setrust.hscni.net
Crossgar Ladies Walking Group	Wednesday @ 7pm	The Square, Crossgar	T: 07729402311 E: crossgarladywalkers@gmail.com
DOWN SureStart Buggy Walkers (For New Mums. Must reside within DOWN SureStart catchment area)	Specific dates only 12.30-2pm	Contact for information (booking essential)	T: 02844613630 E: laura.sharvin@setrust.hscni.net
Down Sure Start (only registered families in Murlough Ward, Newcastle)	Fun On The Beach (Seasonal) Wednesday 10.30-11.30am	Newcastle Promenade (Percy French end)	T: 028 4461 3630 E: maria.mcmurrough@setrust.hscni.net www.downsurestart.org
Drumnaquoile Walking Group	Saturday @ 9.30am (monthly) Wednesday @ 7pm (Summer only)	Various	M: 07835 960804 E: kevin.mcglynn62@gmail.com
Homestart Ramblers (registered families only)	1) Wednesday 2) Thursday	1) Delamont Park 2) Ballynahinch Rugby Club	E: ballynahinch@homestartdd.org
Killyleagh & Crossgar Walking Group	Monday @ 10.30am (Seasonal)	Various locations	T: 07511070895 E: lise@countydownrcn.com
Lecale Walking Group	Monday @ 2pm	Various venues (Ardglass, Strangford, Downpatrick)	M: 07811396248 E: rosiewilson52@yahoo.co.uk
New Parent Walking Groups (registered families only)	Various	Across Down area	Local Health Visiting Staff
Newcastle Walk For Health Group	Weekly walks for 60+ Wednesday @ 11am	Newcastle Centre	M: 07929936728 or M: 07511380949
NewCastleWellan Strollers	Thursday @ 11am	Varies weekly	M: 07970666240 E: silebmclean@yahoo.co.uk