



GROUP	WHEN	WHERE	CONTACT
A Yarn & A Dander (Resurgam Trust)	Varies	Varies	T: 028 9252 8233 E: <a href="mailto:Julieannewalker@hotmail.com">Julieannewalker@hotmail.com</a> or <a href="mailto:Tracey.latimer@resurgamtrust.co.uk">Tracey.latimer@resurgamtrust.co.uk</a>
Derriaghy Centre Walking Group	Days & times as agreed	Various	Not open to general public
Drumbeg Rambling Club	Wednesday @ 10.30am	Various (members notified in advance)	T: 028 9030 9944 E: <a href="mailto:sheelaghmcr@btinternet.com">sheelaghmcr@btinternet.com</a>
Drumlough Walking Group	Tuesday @ 2pm (seasonal)	Meeting at Drumlough Orange Hall	M: 07818 036368 E: <a href="mailto:heatherbeechill@hotmail.co.uk">heatherbeechill@hotmail.co.uk</a>
Glenavy Parish Walking Group	Wednesday @ 10am (fortnightly Sept-May)	St. Aidan's Church Car Park	M: 07714 719812 E: <a href="mailto:sjwilson160@gmail.com">sjwilson160@gmail.com</a>
Halftown Walking Group	Tuesday @ 7pm (seasonal)	Halftown Community Hall	E: <a href="mailto:mary.melvyn@hotmail.co.uk">mary.melvyn@hotmail.co.uk</a>
Hillsborough Forest Park Over 55 C-SAW Walking Group	Thursday @ 10.30am	Hillsborough Village Centre Entrance	M: 07388 955715 E: <a href="mailto:Jamie.Kinnin@lisburncastlereagh.gov.uk">Jamie.Kinnin@lisburncastlereagh.gov.uk</a>
Holy Trinity Ramblers	Wednesday @ 10.30am	Ballylesson Parish Hall	M: 07935 777931
Leisureplex Spinners & Walking Group	Thursday @ 9am (monthly)	Lisburn Leisureplex	M: 07802 279967 E: <a href="mailto:jmaynardporter@hotmail.com">jmaynardporter@hotmail.com</a>
Lisburn Downtown Centre Walking Group (Registered Members Only)	Various (seasonal)	Lisburn Downtown Centre	T: 028 9267 2052 E: <a href="mailto:info@downtowncentre.org">info@downtowncentre.org</a>
Lisburn Sure Start (registered families only)	Alternate Wednesday & Thursday @ 10am (seasonal)	Hillhall & Old Warren	T: 028 9266 6987
Magheragall Parish Rambling Club	1 <sup>st</sup> Saturday each month @ 11am	Magheragall Parish Church Car Park	M: 07707 028543
Maze PC Walking Group	Wednesday @ 9.30am (Sept-Nov, Mar-June)	Maze Presbyterian Church Kesh Road	M: 07966 541746
Mind Over Miles Walking Group	Monday @ 10.30am	Sally Gardens Community Centre	E: <a href="mailto:brian@sallygardens.org">brian@sallygardens.org</a>
Moira Friendship Walking Group (registered members only)	1 <sup>st</sup> Thursday each month March-Nov @ 9.30am	St John's Parish Centre Moira	T: 028 9261 2119 E: <a href="mailto:office@moirafriendshipgroup.co.uk">office@moirafriendshipgroup.co.uk</a>
Walkie Talkies Colin (registered families only)	varies	Colin Glen Forest Park	Not open to general public
Lisburn CC Community Trust	Every Wednesday @12noon	LCC 1-3 Graham Gardens, Lisburn BT28 1XE	Not open to general public but welcome enquiries M: 07756 965868
The Walkie Talkies	Saturday (fortnightly) @ 10.30am	Varies – usually Hillsborough Car Park	M: 07939 238543
Walkie Talkies, Hillsborough	Friday @ 10am	Hillsborough Forest Park (map at pathway to lake in main car park)	E: <a href="mailto:Leeann_communityworker@yahoo.com">Leeann_communityworker@yahoo.com</a> M: 07921 812858

For further information on Walking for Health or if you are interested in becoming a walk leader please contact:

Health Development Department - T: 028 9250 1373 | E: [health.development@setrust.hscni.net](mailto:health.development@setrust.hscni.net) | [www.setrust.hscni.net/healthyliving](http://www.setrust.hscni.net/healthyliving)