



GROUP	WHEN	WHERE	CONTACT
Born-2-Bimble	Days & times as requested & agreed	Lough Money Car Park, Downpatrick - As requested & agreed	M: 07516 230319
Castlewellan Walking Group	Wednesday @ 11am	Castlewellan Library	M: 07971 320776 E: <a href="mailto:ben.carson@setrust.hscni.net">ben.carson@setrust.hscni.net</a> or <a href="mailto:kellyanne.mccartan@setrust.hscni.net">kellyanne.mccartan@setrust.hscni.net</a>
Crossgar Ladies Walking Group	Wednesday @ 7pm	The Square, Crossgar	M: 07729 402311 E: <a href="mailto:crossgarladywalkers@gmail.com">crossgarladywalkers@gmail.com</a>
DOWN SureStart Buggy Walkers (For New Mums. Must reside within DOWN Sure Start catchment area)	Specific days/times	Contact for information (booking essential)	T: 028 4461 3630 E: <a href="mailto:laura.sharvin@setrust.hscni.net">laura.sharvin@setrust.hscni.net</a> <a href="http://www.downsurestart.org">www.downsurestart.org</a>
Down Sure Start (only registered families in Murlough Ward, Newcastle)	Fun On The Beach (Seasonal) Wednesday 10.30-11.30am	Newcastle Promenade (Percy French end)	T: 028 4461 3630 E: <a href="mailto:rachael.magee@setrust.hscni.net">rachael.magee@setrust.hscni.net</a> <a href="http://www.downsurestart.org">www.downsurestart.org</a>
Down Sure Start (for families in Down catchment area)	Fun In The Park (Seasonal) Tuesday @ 10am-11.30am	Delamont Park	T: 028 4461 3630 E: <a href="mailto:pauline.gunson@setrust.hscni.net">pauline.gunson@setrust.hscni.net</a> <a href="http://www.downsurestart.org">www.downsurestart.org</a>
Downpatrick Health Visiting Walking Group	Wednesday 10-11am	Dunleath Park	T: 028 4451 3728 E: <a href="mailto:jenny.murray@setrust.hscni.net">jenny.murray@setrust.hscni.net</a>
Drumnaquoile Walking Group	Saturday @ 9.30am (3 weekly) Wednesday @ 7pm (Summer only)	Various	M: 07835 960804 E: <a href="mailto:kevin.mcglynn62@gmail.com">kevin.mcglynn62@gmail.com</a>
Homestart Newcastle Walking Group	Tuesday @ 2pm (Fortnightly)	Various locations	T: 07590 849281 E: <a href="mailto:sharon@homestartdd.org">sharon@homestartdd.org</a>
Homestart Ramblers (registered families only)	1) Wednesday 2) Thursday	1) Delamont Park 2) Ballynahinch Rugby Club	E: <a href="mailto:ballynahinch@homestartdd.org">ballynahinch@homestartdd.org</a>
Lecale Walking Group	Monday @ 2pm	Various venues (Ardglass, Strangford, Downpatrick)	M: 07811 396248 E: <a href="mailto:rosiewilson52@yahoo.co.uk">rosiewilson52@yahoo.co.uk</a>
Montalto Tuesday Group (registered patients of South Down GP Federation only)	Tuesday @ 10am (Fortnightly)	Montalto Medical Centre	M: 07814 073082 E: <a href="mailto:bria.doherty@setrust.hscni.net">bria.doherty@setrust.hscni.net</a>
New Parent Walking Groups (registered families only)	Various	Across Down area	Local Health Visiting Staff
Newcastle Walk For Health Group	Weekly walks for 60+ Wednesday @ 11am	Newcastle Centre	M: 07929 936728 or M: 07511 380949
NewCastleWellan Strollers	Thursday @ 11am	Varies weekly	M: 07970 666240 E: <a href="mailto:silebmclean@yahoo.co.uk">silebmclean@yahoo.co.uk</a>
Struell Walking Group (registered members only)	Tuesday @ 10.30am	Quoile Nature Reserve Car Park or Dunleath Car Park,	Contact: Rachel M: 07971 327731